

Secret Life of Teeth: Teaching Children to Care for their Teeth

Listen in to the very first episode of my new podcast series, "The Secret Life of Teeth" where we discuss tips and tricks for teaching children to care for their teeth with holistic dentist Ana Sanduta. Tune in to find out why dental health is important for children and what you can do as parents to keep your kid's teeth strong and healthy.

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Secret Life of Teeth Preview

I am so excited to unveil a new podcast series titled “The Secret Life of Teeth” with holistic dentist and friend Ana Sanduta where we will discuss and learn about what mindful dentistry really entails and how many factors in our lives contribute to our dental health. Join us every week for new podcasts so you can learn how to keep not only your teeth healthy, but also your mind and body.

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