

Acute Care: A Solution for Every Kind of Cough

Discover the 5 extracts you will want to have on hand this cold and flu season to resolve coughs and restore immunity. Megan and Lauren share specific examples of use for each extract.

Acute Care: Colds and Virus Support

Learn how to address the first signs of a cold or virus with Gemmotherapy extracts.

Acute Care: Fevers and More

Family Health Coach, Lauren Hubele and co-host Megan Ethridge, RN explains the purpose behind your child's fever and offer helpful natural solutions.

Restoring Immunity (Trailer)