

# Harmonizing Sensory Input with Gemmotherapy Extracts

Tune in to this episode of #HowWeHeal where we discuss the applications of #Gemmotherapy when learning to harmonize your senses. To learn more about Gemmotherapy, visit my website at [laurenhubele.com](http://laurenhubele.com)

Learn more about #polyvagaltheory and Cameron's practice at [cameronscottma.com](http://cameronscottma.com)

Watch this episode on YouTube here!

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