## Juice Austin

It's no secret that I am a fruit pusher. You name it—whole fruit, chopped, in a smoothie or juiced. I love it and love what it does for your body…namely your lymphatic system. You can't be in my office too long without me bringing up the topic of fruit.

In a perfect world, I would have a fridge stocked to the brim with freshly chopped fruit that I could grab when I am on the run out the door, BUT that isn't always quite the case. So, often when I am out and about, I frequent one of Austin's local juice shops. They are growing in number and now are located in most neighborhoods throughout the city.

We were rewarded last spring with one right here in Travis Heights, and I give it my seal of approval. Directly on South Congress, just across from Amy's Ice Cream is **Juice Austin**. It couldn't be easier, AND now it's even cheaper! Knowing our commitment here at RS to juicing, owners Chip & Myles have extended all Radically Simple clients a permanent 15% off on all juices and smoothies. Seriously, now you really are going to have to give it a try.

Claim your personal discount card at my office Wed-Fri 9-12 from Aaron or at your next appointment.



Check out their **menu** for further encouragement to make a stop. My favorites of the moment just happen to be K.I.S.S. and Sweatpea.