

Keep it Cool III: Thai Cashew Chopped Salad

I am such a fan of Thai flavors that this Thai Cashew Chopped Salad recipe easily caught my attention. Like the other salads in this series (Asian Broccoli Salad & Southwestern Chopped Salad), this one is packed with flavor and freshness. And, while there is already a bounty of veggies included, you can certainly take it up a notch by adding chopped raw broccoli or grated local zucchini.



Salad Ingredients:

4 cups Romaine, chopped
½ head red cabbage, chopped
½ cup carrots, sliced
½ cup edamame, shelled
1 yellow bell pepper, chopped
1 red bell pepper, chopped
3 green onions, chopped
½ cup cashews, roasted

Ginger Peanut Dressing Ingredients:

⅓ cup peanut butter (or almond butter)
2 tablespoons honey
3 teaspoons freshly grated ginger
2 tablespoons rice vinegar
2 teaspoon sesame oil
Water to thin

Full Instructions Here

Enjoy!