

# Lauren's Kitchen: Coconut Almond Crusted Cauliflower



Cauliflower is one of the healthiest of veggies, but not loved by all. If you are trying to convert any reluctant cauliflower fans, try preparing this Coconut Almond Crusted version from Save the Kales. It is sure to do the trick. I made this one step easier by using Rocca & Lola's Toasted Almond Breading instead of the gluten free flour and nuts.