

# Lauren's Kitchen: Red Lentil Soup with Spinach



We are in that changeable weather season that calls out for having some fresh comfort food recipes on hand. One minute it's glorious spring-like and then arrives a day or two of dreary cold (Austin-cold, mind you). Nothing beats the gray wet weather in my house like a steaming bowl of soup. Having a bag full of fresh baby spinach from my Friday Boggy Creek shopping trip and red lentils always in my pantry this was an easy decision. Red lentil Soup with Spinach = No regrets. Try it out for yourself.