

# Lauren's Kitchen: Stuffed Sweet Dumpling Squash



I made this recipe from The Kitchn over the weekend and went right out to buy more Sweet Dumpling Squash! Plenty of these yummy squash are available right now at Wheatsville Co-Op in Austin. This would also be a fantastic vegan addition to your Thanksgiving Day table.

## Ingredients:

- 3 sweet dumpling squashes
- 1 tablespoon olive oil
- 1 small onion, diced (about 1/2 cup)
- 1/4 cup shelled pistachios, coarsely chopped
- 8 dates, coarsely chopped (about 1/4 cup)
- 1 teaspoon lemon zest
- 1 teaspoon cinnamon
- 1 cup cooked quinoa
- Salt and freshly ground black pepper

[Full Instructions Here](#)