Restoring Immunity: Gemmo Memo Black Poplar

Listen in and discover what Black Poplar extract can offer you and your family now. Enjoy this sweet mix of Gemmotherapy Materia Medica and an Asian Medicine lens as Maegan and Lauren explore the potential of Black Poplar Gemmotherapy Extract.

Discover more about Lauren and Maegan’s work here:

Lauren Hubele

Maegan Lemp

Learn more about Gemmotherapy here.

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