Secret Life of Teeth Preview

I am so excited to unveil a new podcast series titled “The Secret Life of Teeth” with holistic dentist and friend Ana Sanduta where we will discuss and learn about what mindful dentistry really entails and how many factors in our lives contribute to our dental health. Join us every week for new podcasts so you can learn how to keep not only your teeth healthy, but also your mind and body.

Watch this preview on my YouTube channel here!