

# Secret Life of Teeth: Teaching Children to Care for their Teeth

Listen in to the very first episode of my new podcast series, "The Secret Life of Teeth" where we discuss tips and tricks for teaching children to care for their teeth with holistic dentist Ana Sanduta. Tune in to find out why dental health is important for children and what you can do as parents to keep your kid's teeth strong and healthy.

Watch this episode on my YouTube channel [here!](#)