

# Secret Life of Teeth: Teeth Whitening; Is It OK?

In this episode of the Secret Life of Teeth, holistic dentist Ana Sanduta tells us about teeth whitening and how it affects your body and the layers of your teeth.

Learn more about gemmotherapy and how it can help you at my website [laurenhubele.com](http://laurenhubele.com)

Watch this episode on my YouTube channel here!