

# What Gemmotherapy can do for Emotional Issues

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Symptoms of anxiety and depression can be debilitating, preventing you from experiencing joy in everyday life. While there are times that suppressing those symptoms with medications are life-saving, an early response with Gemmotherapy can offer a natural resolution.

Gemmotherapy can harmonize your nervous system and gently remind your brain how it was designed to work. When functioning optimally, the communication along neural pathways improves and the imbalances that cause symptoms of anxiety and depression correct themselves. A full Gemmotherapy protocol will work to heal other organs that also play important roles in our moods. Find your extract





Emotional issues are complex, and Gemmotherapy offers the perfect system for healing the body as a whole rather than isolating symptoms or organs that may or may not be the root cause of our ailments. The right Gemmotherapy, when combined with a plant-based diet, can restore you to full emotional health so you can experience life more fully!

## **Gemmotherapy Extracts to Support Emotional Wellbeing**









Almond  
Black

Honeysuckle







Field Maple  
Giant

Redwood





Common

Fig







Hawthorn



Hazel



Lithy



Sea

Buckthorn



Silver





Lime

Silver



Birch Seed  
White Willow

Each extract is intended to be one part of an individualized protocol to restore immunity.

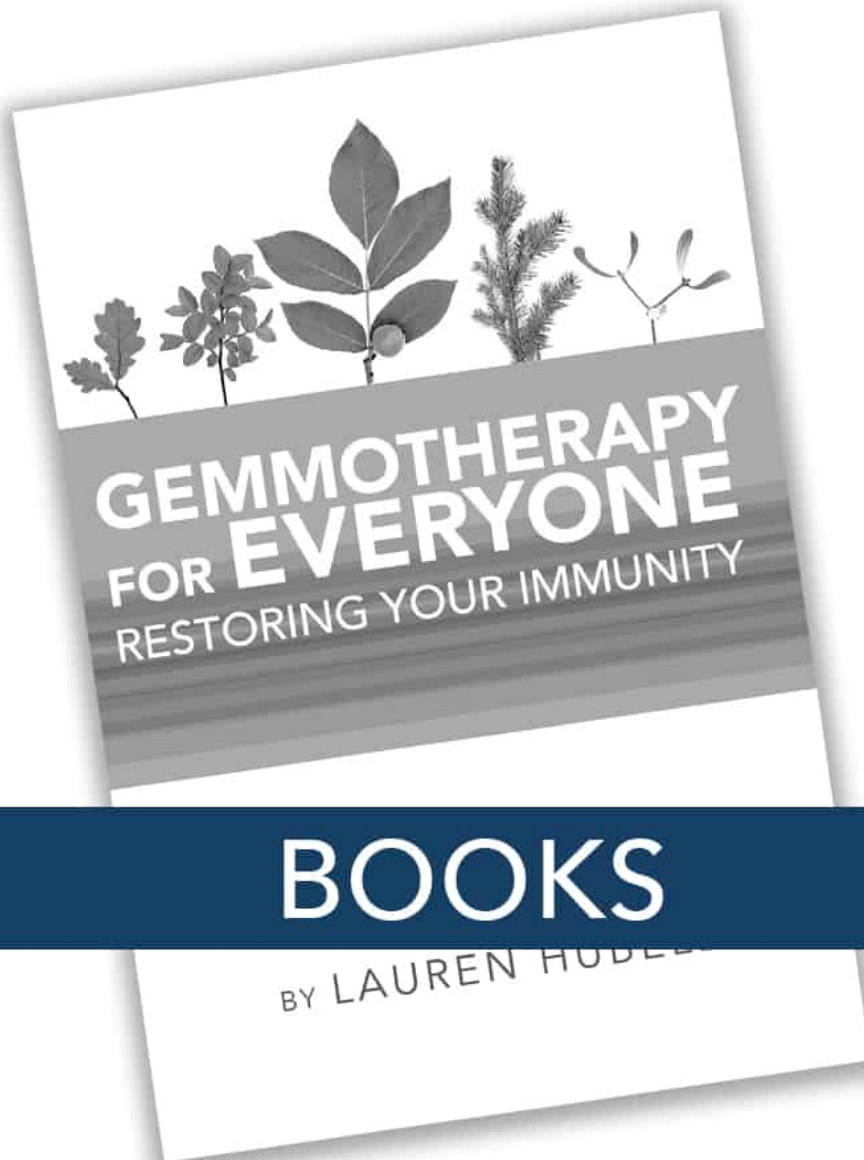
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