

What Is Gemmotherapy?



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Gemmotherapy extracts are derived from specific trees and shrubs, using the part that contains their most potent healing properties. Young buds and shoots are sustainably collected in European forests to produce a plant-based extract with potential unlike any other natural therapy available today.

Gemmotherapy extracts support the immune system's ability to effect a quick response to a wide variety of acute symptoms, making them an excellent resource for families. They are affordable, easy to use, and a small collection of extracts at home will keep you well prepared for all the typical situations that arise with children, adults, and even pets.

Under the guidance of a trained practitioner, Gemmotherapy extracts can be combined into deeper protocols to address every possible chronic symptom. These protocols are applied systematically, first optimizing elimination, then working further to clean, nourish, and restore organ function.

Why I Use Gemmotherapy

I use Gemmotherapy in my practice because it surpasses all other natural therapies in its gentle yet direct action on organs and organ systems. Furthermore, I have found it to be the perfect first protocol for all of my clients as it promotes optimal elimination, the key to restoring the body's ability to heal itself.

Want to learn more? Check out these blog posts:

- [The Beginner's Guide to Gemmotherapy](#)
- [A Crash Course In Gemmotherapy](#)
- [Gemmotherapy And Acute Support](#)
- [Concerns Over Supplement Safety](#)