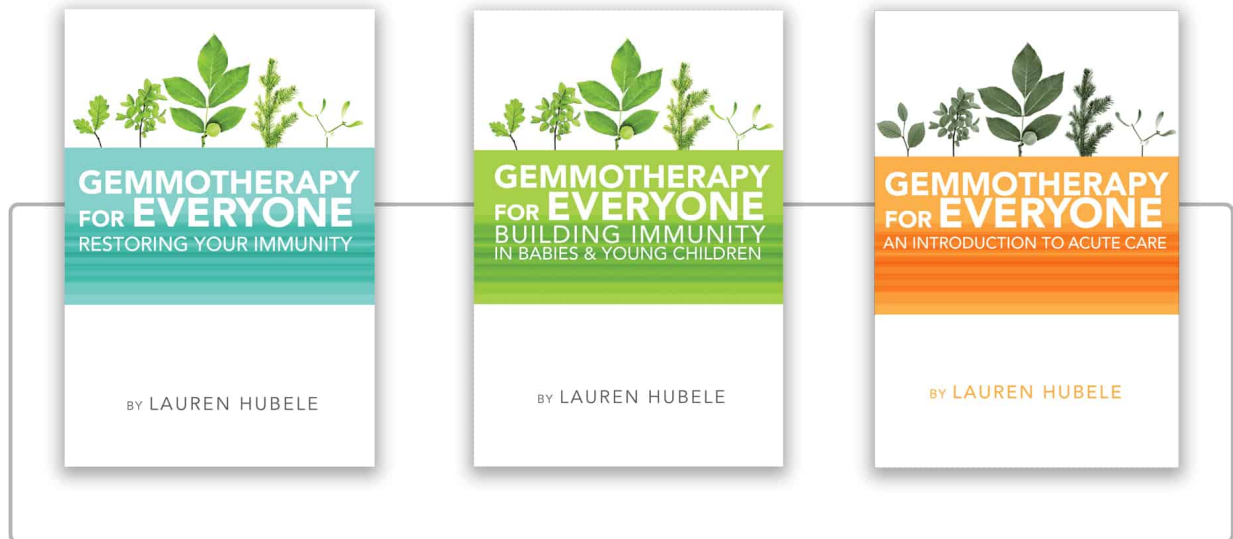
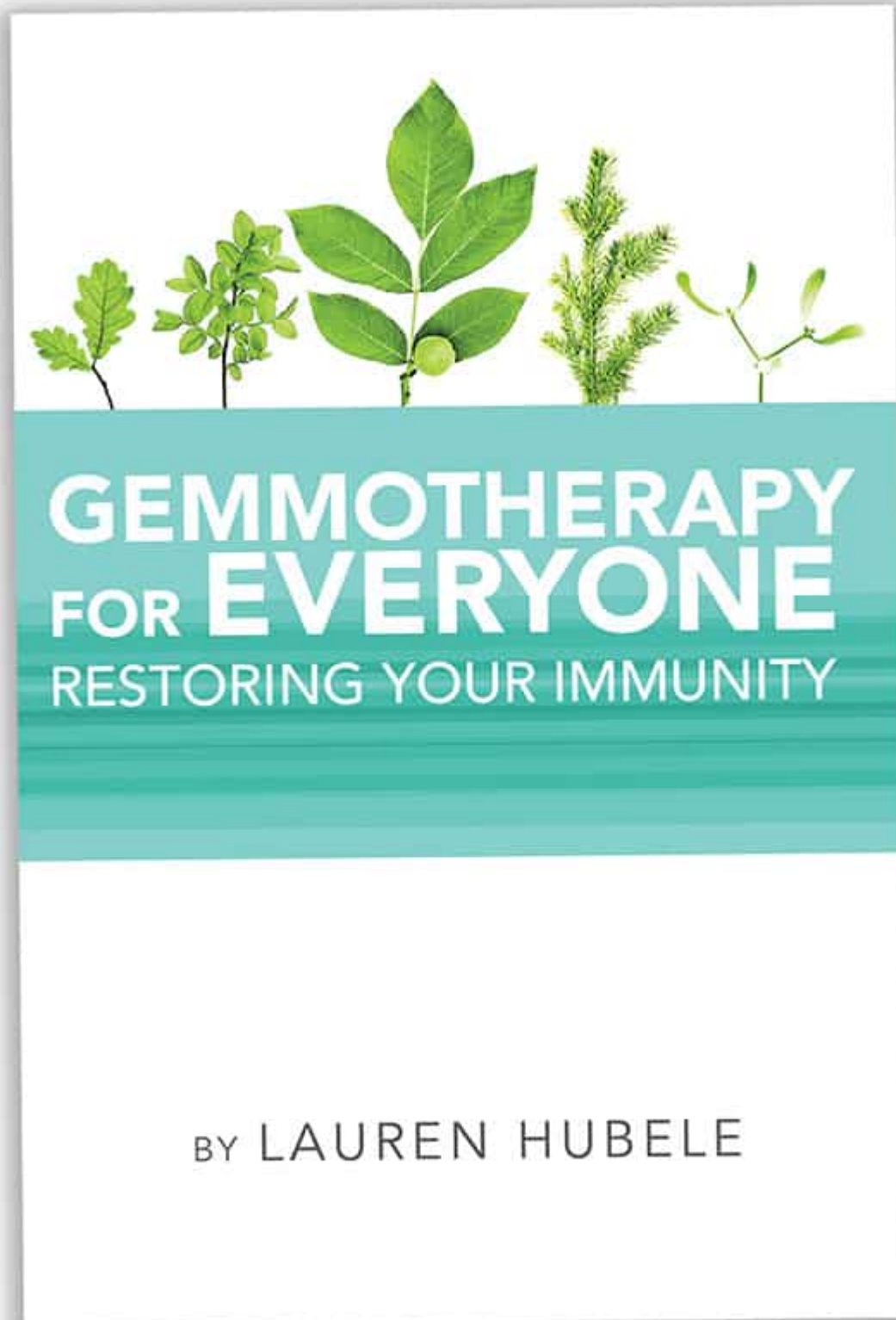


My Books



Gemmotherapy is more accessible than ever.

Try these indispensable resources to bring the power of Gemmotherapy to your family's healing journey!

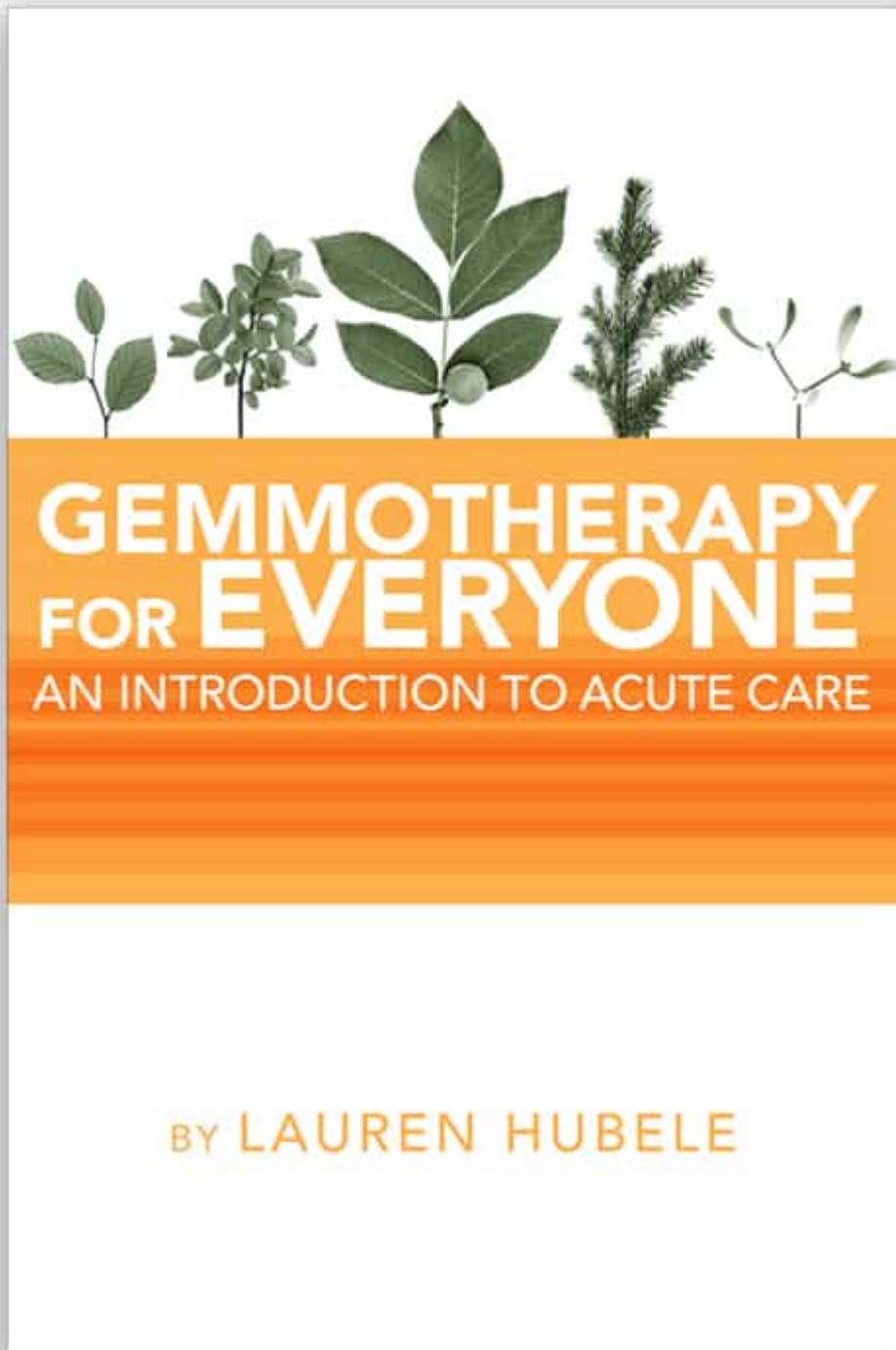


Gemmotherapy for Everyone: Restoring Immunity

This is the book I've been meaning to write for years, and

it's finally here to share with you. I wrote it to be a step-by-step guide for you, with me coaching you along the way. It's a compilation of my philosophy and protocols with the ultimate goal for my work to be close at hand throughout each page—and a reminder to each of us that we are capable of restoring immunity in our bodies. Here's to your enduring health!

Order Now



Gemmotherapy for Everyone: An Introduction To Acute Care

Get started using Gemmotherapy extracts at home to quickly resolve acute symptoms in yourself, family members, and even pets! Learn 36 reliable protocols directly from my clinical practice.

Buy on Amazon

Bulk and International Orders

“It is my wish that Lauren’s book reaches every practitioner looking to help their clients with easy, quick and gentle protocols. And I wish that any person looking for the most active and effective therapy to clean and support the body—to encounter this book at the right time and moment—and to learn about the powers of buds and young tissues.”

Sorina Soescu, MD, MFHom

Constanta, Romania

www.centrulnatura.ro



**GEMMOTHERAPY
FOR EVERYONE
BUILDING IMMUNITY
IN BABIES & YOUNG CHILDREN**

BY LAUREN HUBELE

Gemmotherapy For Everyone: Building Immunity In Babies & Young Children

A breakthrough resource for strengthening your child's immunity for life! Featuring information on how to get started with Gemmotherapy & answers to the 28 most common acute symptoms in babies and young children.

Buy on Amazon

Bulk and International Orders

“Lauren has captured the essential simplicity and clarity of this remarkably powerful healing system. This easy to use guide is accessible. I recommend it for any parent with a passion for effective natural care for their children.”

Dr. Joel Kreisberg, DC, CCH

Founder and Executive Director of the Teleosis Institute
Coaching and Healing: Transcending the Illness Narrative

The Power of Books in a Healing Journey

Courses and one-on-one work with a practitioner are crucial elements of any healing or educational journey, but books hold a special place in my heart. From very early on, I found comfort within the pages of books amidst a chaotic upbringing. Throughout my life books have been some of the most loyal companions and wisest guides, so it is with great humility that I've been able to approach the writing of my books.

When I began searching for my own path of healing after my cancer diagnosis, books became some of my greatest teachers. I honestly would read several at a time and had stacks by my bedside (and I still do!). I saw them as bread crumbs along the trail

leading me somewhere I had never been before.

In the formative years of my practice I filled my office with books because they each spoke to me, and I felt connected with the wisdom of the authors. I would not always “get” the message from a particular book right away, but I often knew it would be important in my journey down the road, so I would

keep it close by. And then one day, like magic I would be drawn to it, and I would find the message I needed at that time.

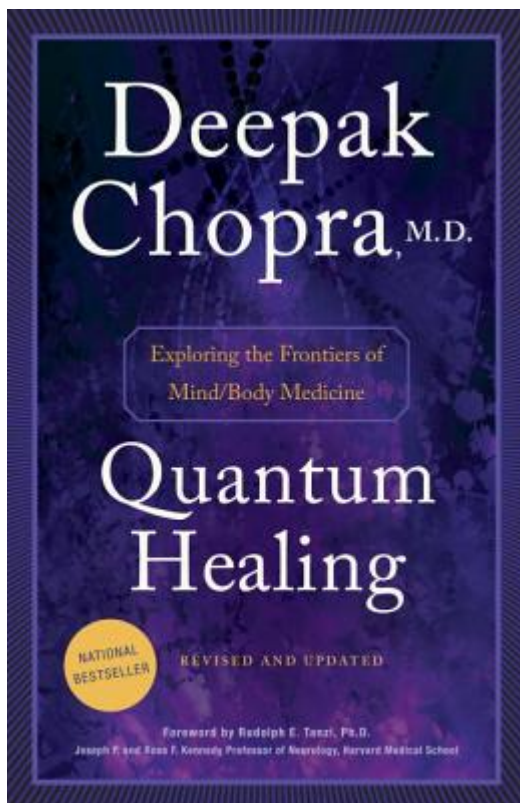
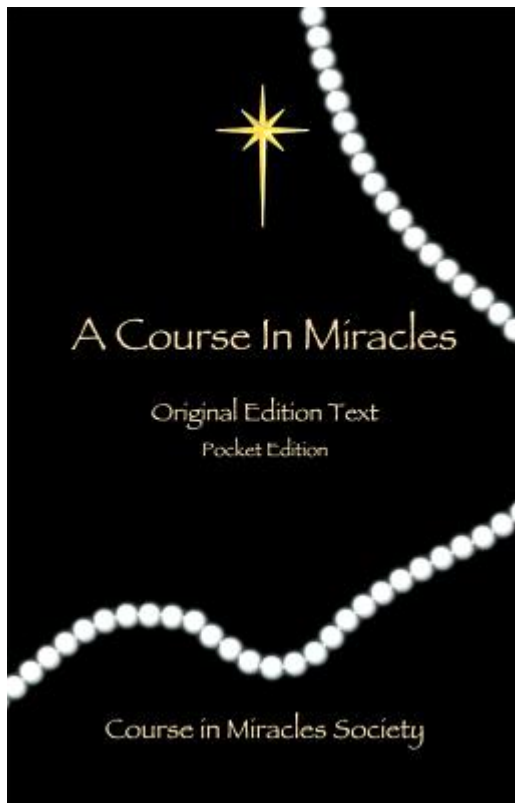


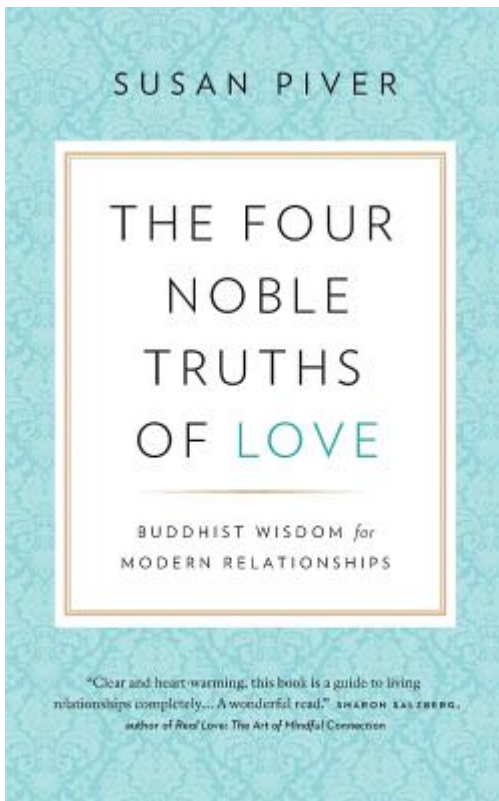
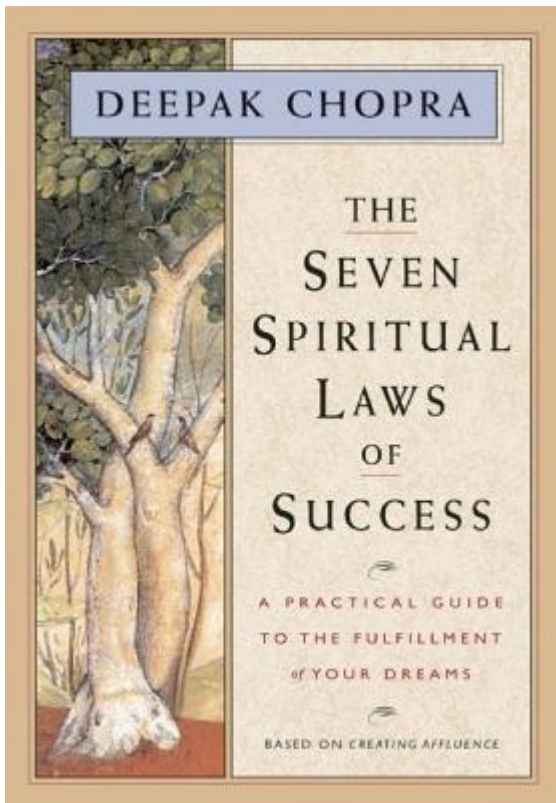
My dream is that my books may also speak to you in their own unique way and find you when you need their message most. I hope they will help you understand the true nature of the body and how you and Gemmotherapy can restore immunity, as well as boost overall health and wellbeing.

Even if this information feels like a lot to take in right now, over time, these books can deepen your understanding and knowledge of this incredible healing method and serve as a long-term reference for you and your family.

Here are some of my personal favorites

Spiritual Growth





START



NOW

A Guide to the Path and Practice of Meditation

SUSAN PIVER

FEAR

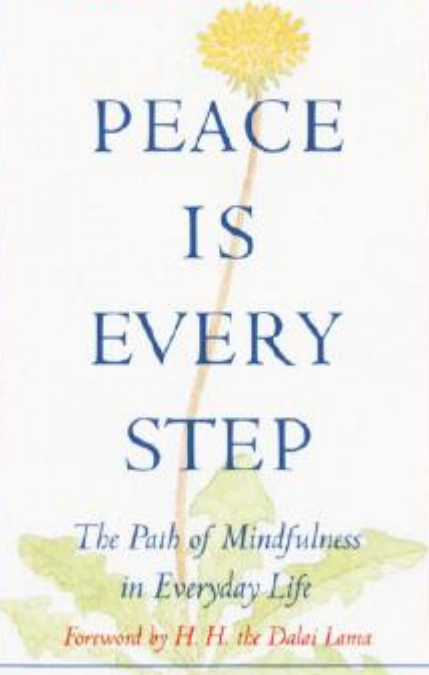
ESSENTIAL WISDOM
FOR GETTING THROUGH THE STORM

THICH
NHAT
HANH

BESTSELLING AUTHOR OF
PEACE IS EVERY STEP

Tacitly adapts ancient Buddhist teachings to modern problems... terrific...
eloquent... subtle and extremely effective? -- San Francisco Chronicle

Thich Nhat Hanh

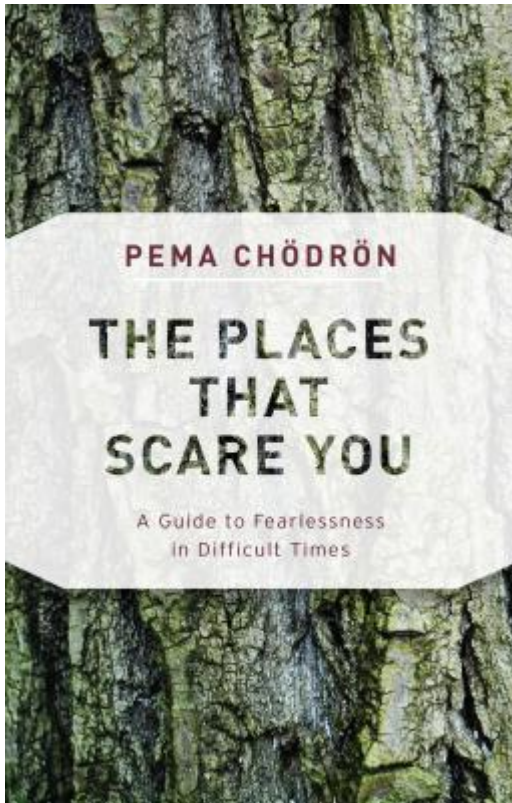


PEACE
IS
EVERY
STEP

*The Path of Mindfulness
in Everyday Life*

Foreword by H. H. the Dalai Lama

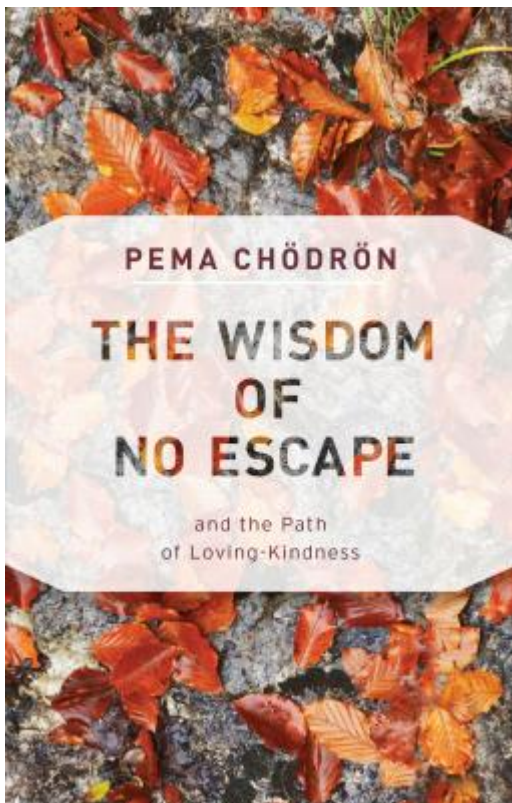




PEMA CHÖDRÖN

THE PLACES THAT SCARE YOU

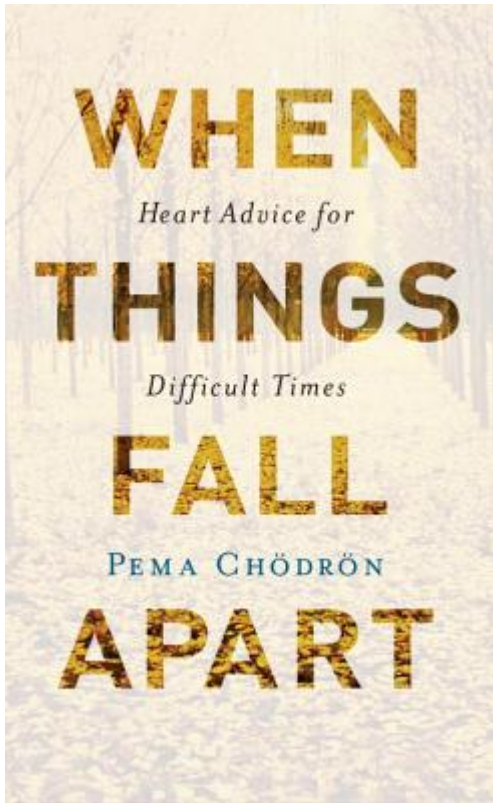
A Guide to Fearlessness
In Difficult Times



PEMA CHÖDRÖN

THE WISDOM OF NO ESCAPE

and the Path
of Loving-Kindness



WHEN

Heart Advice for

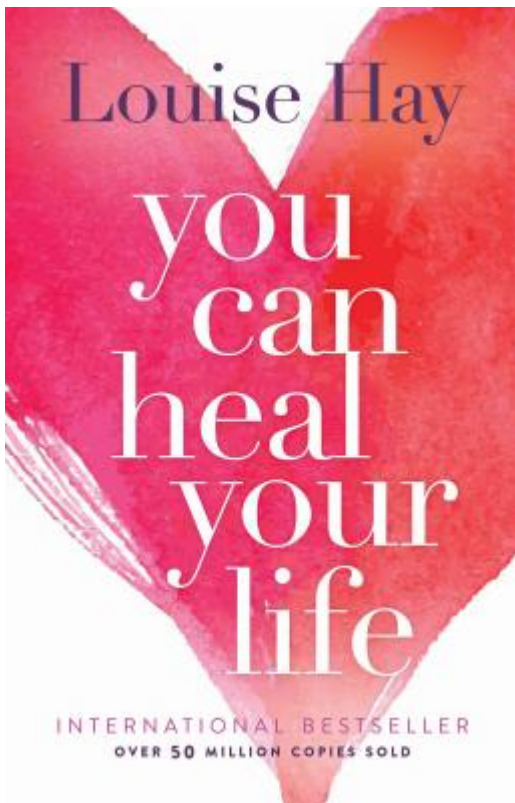
THINGS

Difficult Times

FALL

PEMA CHÖDRÖN

APART



Louise Hay

you
can
heal
your
life

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A NEW YORK TIMES BESTSELLER

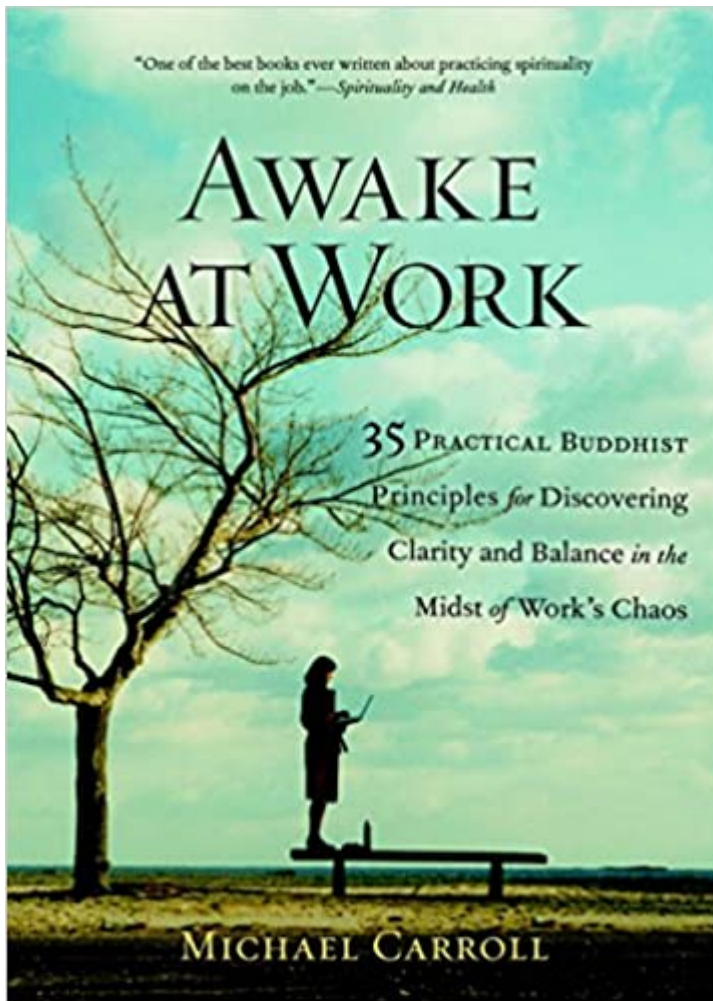
"Not a page turner, it is a page-linger.
I wore out a highlighter marking
passages I want to read again."
—*The Dallas Morning News*

A Geography
of Faith

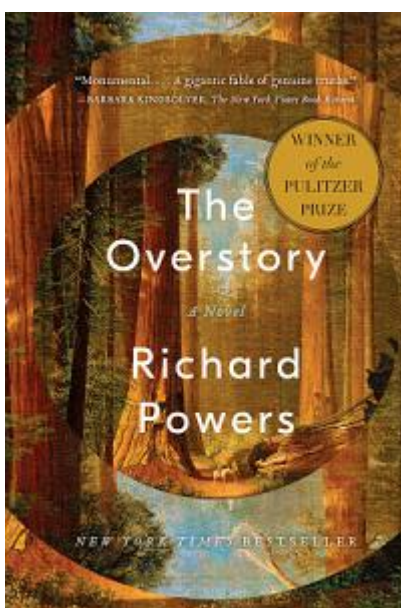
An Altar in the World



BARBARA BROWN
TAYLOR
Author of Leaving Church



Our Natural World



A hymn of love to the world.
—ELIZABETH GILBERT

BRAIDING SWEETGRASS



Indigenous Wisdom, Scientific Knowledge,
and the Teachings of Plants

ROBIN WALL KIMMERER

foreword by TIM FLANNERY

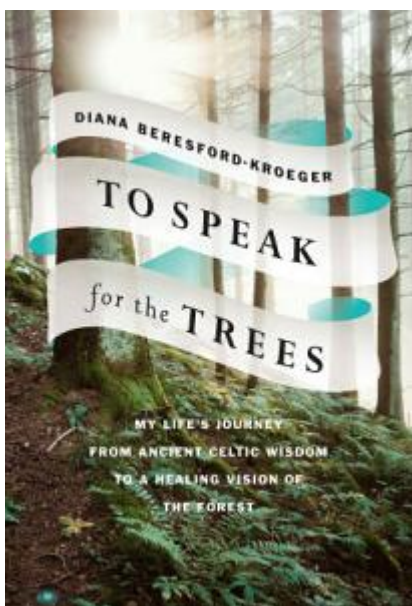
PETER WOHLLEBEN

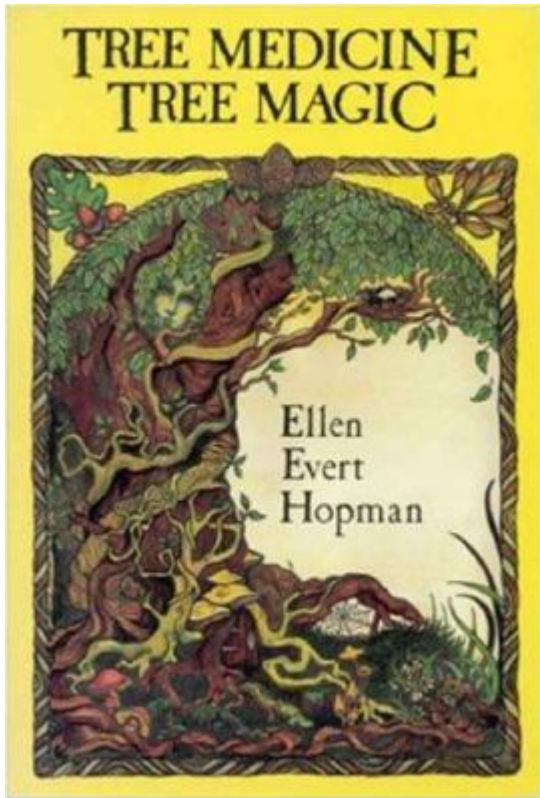
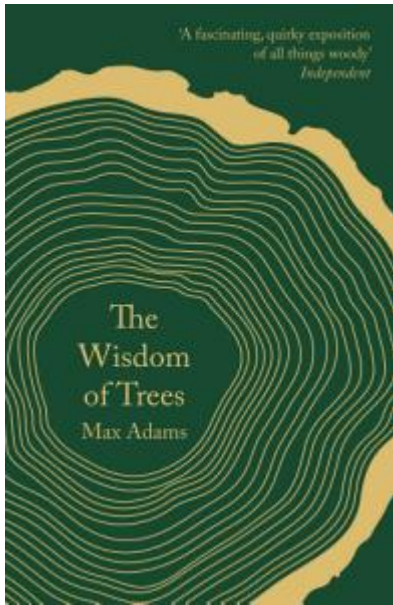
The Hidden Life of TREES

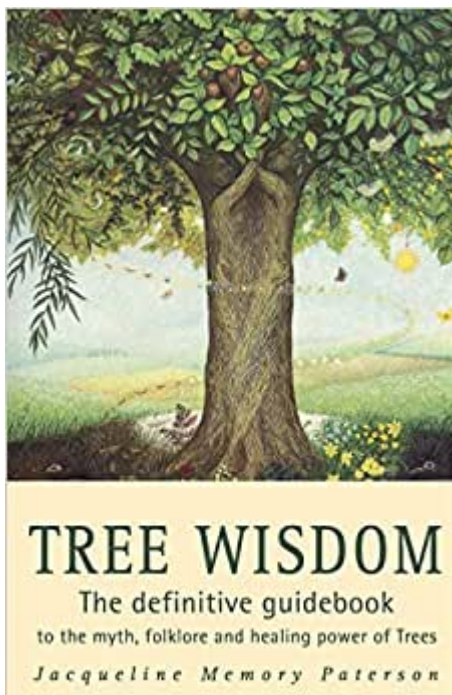
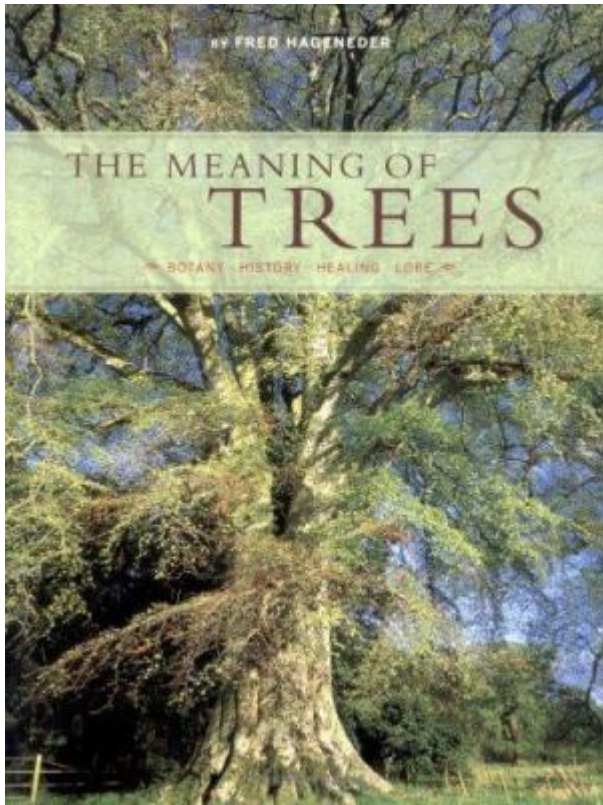


What They Feel,
How They Communicate

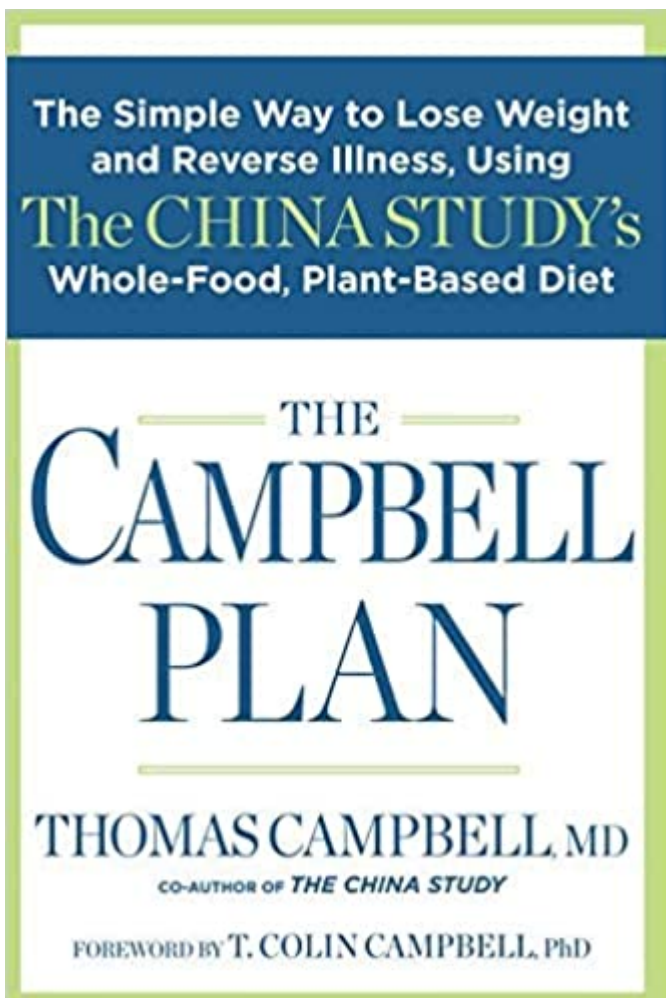
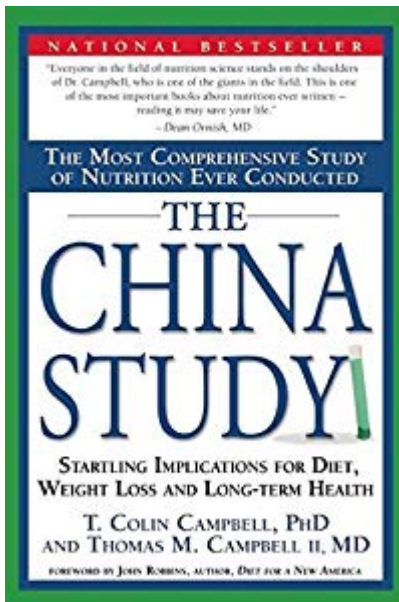
Discoveries from a Secret World







Eat to Live/Immunity



NEW YORK TIMES BESTSELLER

HOW
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TO
DIE

Discover the Foods Scientifically Proven to
Prevent and Reverse Disease

MICHAEL GREGER, M.D., FACLM
AUTHOR OF *HOW NOT TO DIE*
with GENE STONE

FEATURING DR. GREGER'S *DIRTY DOZEN*
WHAT TO EAT TO STOP DISEASE, TO FEEL BETTER

"THE WEIGHT OF EVIDENCE BEHIND DR. BLASER'S CAUTIONS ABOUT
ANTIBIOTICS IS OVERWHELMING."
—THE NEW YORK TIMES

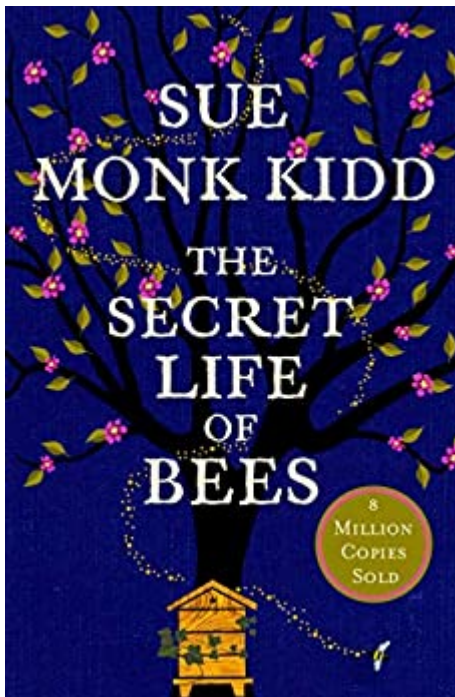
HOW THE OVERUSE OF
ANTIBIOTICS IS FUELING
OUR MODERN PLAGUES

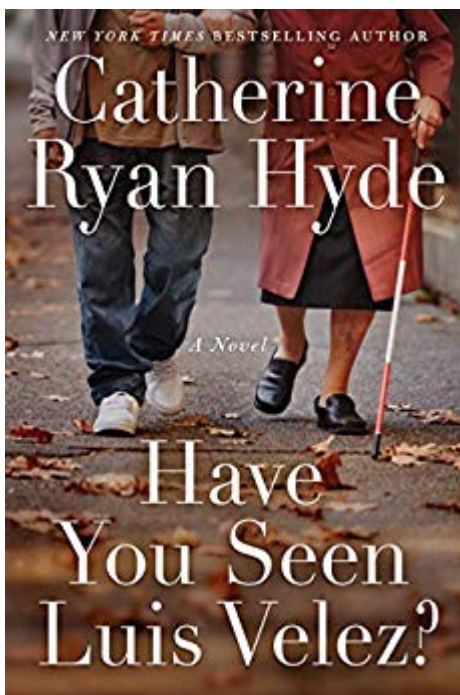
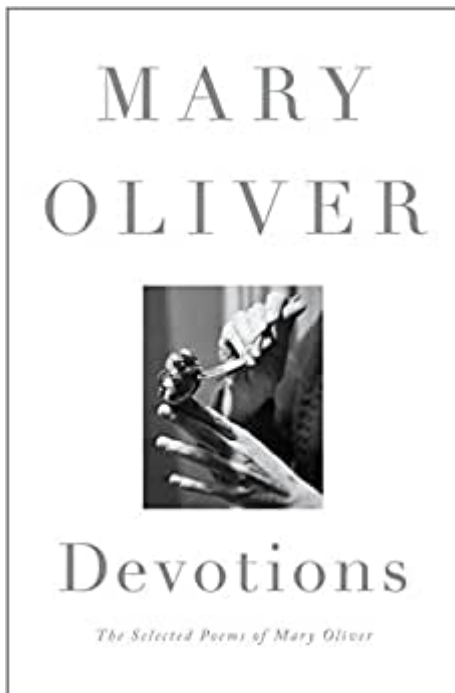
**MISSING
MICROBES**

MARTIN J. BLASER, MD

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Heartwarming Timeless Reads





On Gemmotherapy & Homeopathy



Treatise on Gemmotherapy
The Therapeutic Use of Buds

Philippe Andrienne

Editions Amyris

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Gemmoterapia

*Fondamenti scientifici
della moderna Meristemoterapia*



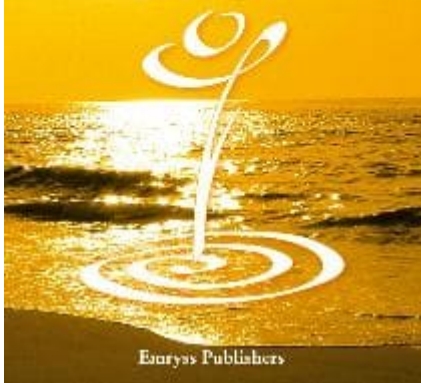
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Treatment of Universal Layers

Tina Smith, M.D.



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