

Start with one of these 4 Gemmos

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All healing begins with your nervous system

All healing begins with the nervous system, and it is the central nervous system that we count on to take in accurate information from our environment. The following extracts act, each in their own unique way, as harmonizers to the Central Nervous System. The harmonizing action brings the activities of the Central Nervous System into balance so that it doesn't under or over react to stimuli. Harmonizing your Central Nervous System is where your journey begins.

Gemmo Memo: Dog Rose

Restoring Immunity Gemmo Memo: Hops

Restoring Immunity Gemmo Memo: Oats

Gemmo Memo: Walnut