

Restoring Immunity: Gemmo Pets

Homeopath and pet expert Susie Killian pairs up with Lauren to share the very latest information on Gemmo extracts for your furry friends. Learn to harmonize your pet's nervous system, support healthy elimination, and address chronic symptoms naturally with Gemmo plant bud extracts. Your pets will thank you. In this episode learn the basic guidelines for dosing your pets and the first two extracts you might consider to harmonize your pet's Central Nervous System.

In this episode learn about Oat Gemmo Extract and what it can offer you dogs and cats.

Learn more about Gemmotherapy here.

Find Gemmotherapy extracts here.

New to Gemmotherapy? Here's a Beginner's Guide to get you started.

Contact Susie Killian susiekillian17@gmail.com

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Restoring Immunity: Gemmo Stories

Stories offer us an opportunity to tap into someone else's journey that may not be unlike ours. By listening we learn a bit more about ourselves and when we learn more about ourselves we grow. I experience growth through each unique and intimate conversation about health and healing. You never know what lesson each hero's journey holds, from fear to resilience and challenge to triumph.

Today I welcome Shanna Boatler, wife, mother of one teen-aged daughter, Certified Nutritional Coach and serious Gemmo fan.

Listen in to discover where Shanna's journey led her.

Learn more about Gemmotherapy [here](#).

Find Gemmo extracts [here](#).

Reach out to a Gemmo Practitioner [here](#).

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Restoring Immunity: Gemmo Memo Black Poplar

Listen in and discover what Black Poplar extract can offer you and your family now. Enjoy this sweet mix of Gemmotherapy Materia Medica and an Asian Medicine lens as Maegan and Lauren explore the potential of Black Poplar Gemmotherapy Extract.

Discover more about Lauren and Maegan's work here:

Lauren Hubele

Maegan Lemp

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Restoring Immunity; Gemmo Pets

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You'll love this episode in which our scheduled topic is dropped because Susie adopted a new rescue. Enjoy learning how Susie used Walnut to settle *Mr. Bojangles'* nervous system and Blackthorn to clear suspected toxins.

Learn more about Gemmotherapy here.

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Restoring Immunity: Gemmo Stories Ashley Dalme

When we allow ourselves the time to listen to human stories we learn a bit more about ourselves. And when we learn more about ourselves we grow. I love the way I learn and grow through each unique and intimate conversation about health and healing. I think you will discover the hero's journey, from fear to resilience, from challenge to triumph in each Gemmo Story episode.

Today I welcome Ashley Dalme, wife, mother of two school-aged children, elementary school art teacher, and Gemmo fan. Listen in to discover what fears Ashley has overcome and how she continues to grow as a healing force in her family.

Learn more about Gemmotherapy here.

Find Gemmotherapy extracts here.

New to Gemmotherapy? Here's a Beginner's Guide to get you started.

Restoring Immunity: Gemmo Moms

Join Lauren and Kara Strubberg as they explore the balancing act of self-care with baby and child care. Both moms but at very different chapters in life, Lauren and Kara fearlessly examine what gets in the way of their ability to feel vibrant, resourceful, and whole while navigating the waters of motherhood. Learn specific Gemmos that help settle mom and baby's nervous system allowing deeper sleep for everyone, the primary symptoms all parents should note in babies, and how to resolve them with Gemmos to prevent the establishment of chronic symptoms now seen in 50% of the children in the United States.

In this episode, you will discover what Gemmos are, how they are made, and the system Lauren has created to restore immunity that every mom can learn.

Restoring Immunity: Gemmo Moms Trailer

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Contact Susie Killian regarding consultation for your pet.

Buy Gemmotherapy extracts [here](#).

Learn more about Gemmotherapy [here](#).

Restoring Immunity: Gemmo

Pets Trailer

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Restoring Immunity Gemmo Memo: Meet Sweet Chestnut

Listen in and discover what Sweet Chestnut can offer you and your family now. Enjoy this balanced conversation with a splash Materia Medica and an Asian Medicine lens as Maegan and Lauren explore the potential of Sweet Chestnut Gemmotherapy.

Discover more about Lauren and Maegan's work here:

Lauren Hubele

Maegan Lemp