

# Your Home Guide to Gemmotherapy IV: Bites, Stings, and Allergic Reactions



Ready for a replacement to that drippy bottle of calamine lotion? There is actually an answer with Gemmotherapy! Gemmotherapy extracts are the perfect replacement for a host of OTC supplements and medicines that fill many home first-aid kits. Calamine lotion is just one more product that you can live without.

From ant bites to wasp stings, Black Currant Gemmotherapy provides a solution. While calamine may offer some topical relief, the use of Black Currant Gemmotherapy goes much deeper. Used in a wide array of acute protocols, Black Currant raises the adrenal response needed in an acute situation, reduces inflammation, and has an antihistamine affect. Black Currant provides such quick action that relief to a swelling bite or sting can be felt within minutes. It's been known to take the sting out a wasp bite seconds after application.

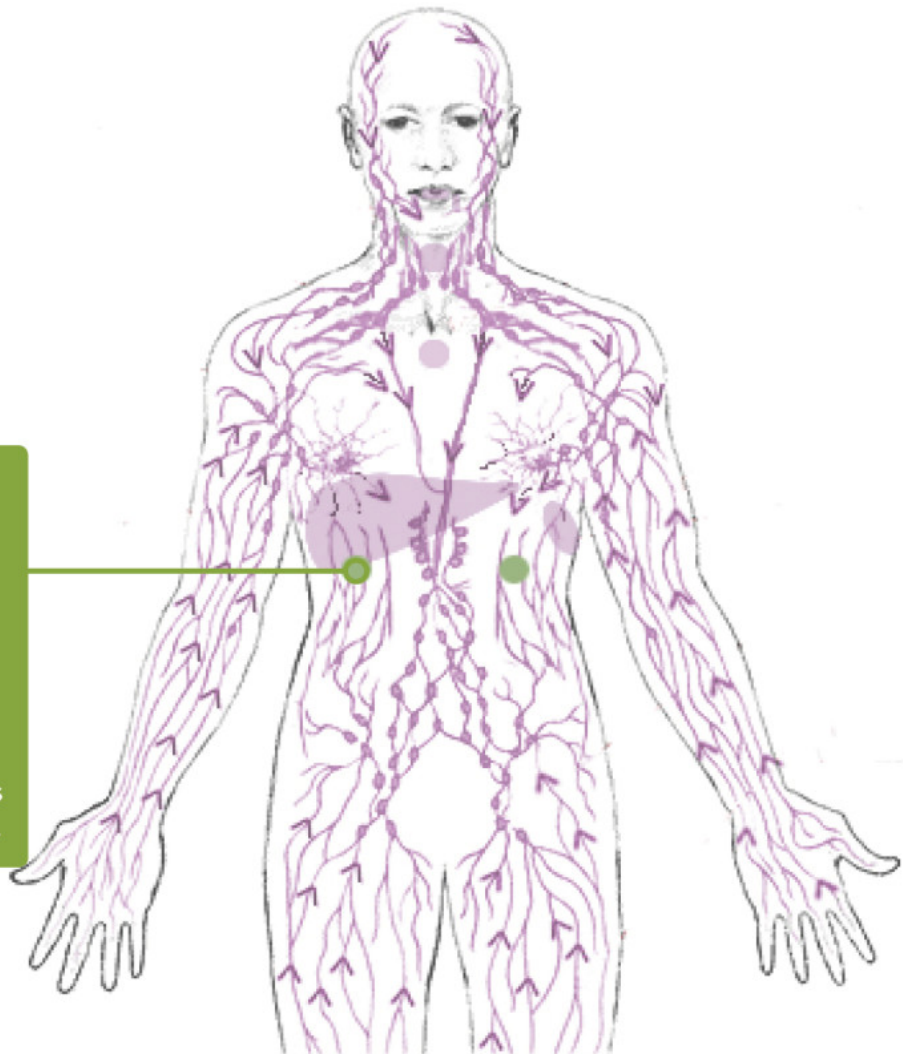
I recommend my clients apply Black Currant topically to the bite or sting in question immediately after affected using their finger tip and then take doses internally as well. The same advice can be true of any topical allergic reaction whether it be from plants or a non-toxic substance. As with all allergic reactions, always monitor carefully for more serious signs of distress and seek advice from your health practitioner.

If you or your family members tend to spend any time out and about in nature you may consider adding a bottle of Black Currant Gemmotherapy to the field first-aid kit.

# An Acute Protocol for Bites, Stings & Allergic Reactions

Black Currant

**Black Currant:**  
(*Ribes Nigrum*)  
As an emergency anti-dote to reactions from bites and stings. It can be used both topically and orally. Black Currant encourages and optimizes the adrenal response to an allergic reaction and acts as an anti-inflammatory agent.



Immune System, Lymphatic System  
and Associated Organs

Many of my clients have used this protocol with success over and over again. How about sharing your story with us? We'd love to hear from you!

Are you a practitioner and would like to learn more about using Gemmotherapy with your clients? Take a look at my online training modules including my latest one on Acute Care. You might also want to join me in Boston for one of my live teaching seminars. The next one is scheduled for February 27, 2016. The more of us out there trained to use effective and affordable therapy, the better.