

Lauren's Kitchen: Vegan Caesar Salad



At my house we start every evening meal with a dinner-sized plate of raw salad. Many times the salad gets more rave reviews than the main course. I credit that to three things: toasted nuts and seeds, a hearty mix of greens, and the yummy dressings I prep ahead in quart jars in my fridge. Here's one of my favorites from Angela at Oh She Glows that is quite the crowd pleaser. If you're looking for more clean eating options, be sure to check out my Radically Simple Eating board on Pinterest.