

# Gemmotherapy for Animals

Animals can benefit from all of the acute protocols for humans described. In addition, here are a few extracts for chronic symptoms that I have also found useful, to be given on a daily basis.

Many elderly cats (and dogs) can develop kidney and urinary symptoms. Supporting their colon and kidneys with a daily dose of Lingonberry extract (*Vaccinium vitus*) will bring great relief.

## Skin Issues

Animals with skin issues may find relief with the kidney tonic, Silver Birch Sap (*Betula linfa*). Should skin conditions be inflamed or infected, Walnut (*Juglans regia*) extract would be the preferred choice. Animals with allergy symptoms may do well on the human seasonal allergy protocol described earlier.

## Vaccinations and Other Medication

After an animal has been vaccinated or given prescription medication, Blackthorn (*Prunus spinosa*) can be used for a minimum of one month. For animals on long-term medication, Hazel (*Corylus*) in daily doses provides an excellent protection and support for the liver as it manages the added toxic load.

## Kidney Support

Supporting the kidneys of healthy animals can promote longevity and reduce chances of chronic symptoms developing later in life. A general daily support can be provided with this schedule: during autumn and spring, give Silver Birch Sap (*Betula linfa*); during winter and summer, give Juniper

*(Juniperus communis)*. Note: Juniper should never be given to animals with kidney cancer or disease.

When dosing animals with D1 extracts, the suggested amount is 1 to 7 drops depending on weight, with cats getting 1 to 2 drops and large dogs 5 to 7 drops, once daily for maintenance, and 3 times daily when symptoms are acute. Drops can go directly into the mouth, into a small dish of water if all is to be consumed, on food, or rubbed onto the inner skin of the ear.

*Please note: This information is not meant to replace the care and advice of your veterinarian.*

*Juniper and Common Alder are two extracts that must be avoided during pregnancy and breastfeeding.*

